

April

Senior Dance

Every Monday
1:00pm - 3:00pm
FREE

Free Blood Pressure Reading

Every Tuesday
9:30am - 11:00am
Partner: Memorial Home Health Care

Special Cards, Table Tennis

Every Wednesday
1:00pm - 3:30pm

Table Tennis Club

Every Thursday
1:00pm - 3:30pm

Bridge Class

Every Friday
12:30pm - 4:00pm

The center is open daily for seniors wanting to use exercise equipment, three pool tables, FREE table games such as Rook, Skip-Bo, Checker, Chess, and Cribbage.

Hours of Operation

Mondays - Fridays
9:00am - 5:00pm

Facility Manager
Wendell Sharpe

DIAL



For your city government needs

January - April 2004



PARKS
RECREATION
ARTS
CULTURE

Eastgate Senior Center



Eastgate Town Center
5600 Brainerd Road, Ste. E-6
Chattanooga, TN 37411
(423) 855-9443

www.chattanooga.gov/cpr



Programs

January

Senior Dance

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February



**Valentine's Dance & Party is
Monday, February 16th at
1:00pm FREE**

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March

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